

# Addiction Counselor Certification Board of Oregon

An Affiliate of the National Association of Alcoholism  
and Drug Abuse Counselors and ICRC Member Board

Addiction Counselor Certification Board of Oregon  
2054 N. Vancouver Ave, Portland, Oregon 97227  
(503) 231-8164 accbo@accbo.com www.accbo.com

**David Bliss, M.A., CPS**  
ACCBO, Executive Director  
ICRC Examination Proctor

**Eric Martin, MAC, CADC III, CPS, CRM**  
ACCBO Policy & Legislative Liaison  
NAADAC Certified Examiner & ICRC Examination Proctor

**Richard Johnson, M.A., CADC III, CGAC II, BACC**  
Director, Problem Gambling Certification,  
NAADAC Certified Examiner, Supervisor, VOA, Portland

ACCBO ETHICS CHAIR  
**Nikki Johnson, M.A., CADC III**

**Greta Coe, B.S., CPS**  
Acumentra Health Research Coordinator

## BOARD OF DIRECTORS

ACCBO PRESIDENT  
**Tanya Pritt, CADC II**  
Program Director, Milestones & YES House, Corvallis

ACCBO VICE-PRESIDENT  
**Tom Shrewsbury, LCSW, MAC, CADC III, CRM**  
NAADAC Certified Examiner,  
Regional Coordinator AMH, Salem

ACCBO TREASURER  
**Christi Hildebran, MSW, CADC III**  
Director of Quality Improvement, CODA, Portland  
NAADAC Certified Examiner

ACCBO SECRETARY  
**Beverly DuBosch, B.A., CADC II**  
Program Director, New Directions Northwest, Baker  
NAADAC Certified Examiner

**Ashley Brown, QMHA, CADC II, GIS, CRM**  
Director, New Columbia CREW, Portland  
Vice-Chair, African American Recovery & Addiction  
Counseling Association of Oregon (AAARCA)  
NAADAC Certified Examiner

**Scott Buser, CADC II**  
Director of Addiction Services, NARA  
Oregon Indian Council on Addictions, Liaison

**Meloney C. Crawford, J.D., CADC III, NCAC II**  
Oregon Attorney Assistance Program, Portland

**Mark Davis, CADC I**  
Polk County Mental Health, Dallas

**Ronald Fisher, B.A., CADC II, CGAC II, BACC**  
NAADAC Certified Examiner,  
Regional Coordinator AMH, Salem

**Thad Labhart, MAC, LPC, CADC III, CGAC II, CPS**  
Manager-Grant County, Community Counseling Solutions

**Ricardo Olalde, M.S., CADC III, CRM, (D.Soc. abd)**  
MultiCultural Consultants, Salem  
NAADAC Certified Examiner

**Ramone Olguin, CADC II**  
Central City Concern Latino Services, Portland  
NAADAC Certified Examiner

**Robert Olmstead, B.A., CADC II**  
Lincoln City

**Keith Walker, CADC II**  
Grand Ronde Recovery, LaGrande  
NAADAC Certified Examiner

## ACCBO STAFF

**Brian J. Hunt**, Assistant Director and Webmaster  
**Vanna Burnham, B.S. Accountancy**, Clerical Support  
**Michael Razavi, M.P.H., CRM, CPS, CADC I**

# April-May-June 2013

## CADC • CRM • CPS • CGAC • NCAC • MAC

Distributed to **3,800** Addiction, Recovery & Prevention Professionals, and Recovery Advocates

## OHA Partners with ACCBO on Tobacco Dependence & Prevention

Tom Shrewsbury, LCSW, MAC, CADC III, CRM & Greta Coe, CPS

The Oregon Health Authority has requested ACCBO institute new mandatory tobacco dependence and prevention training requirements. Beginning January 2014, all CADCs applying for re-certification must have a minimum of two hours of continuing education in tobacco dependence/prevention. Many professionals within OHA and the ACCBO Board see this as long overdue. In the new era of healthcare transformation, our limited scope of working with alcohol, prescription drugs of abuse, and illicit drugs, will need to expand to include tobacco dependence and greater promotion of healthier lifestyles.

- o Approximately 443,000 people die from cigarette smoking each year, including approximately 49,000 deaths due to exposure to secondhand smoke, and 8.6 million suffer from a serious illness related to smoking.

- o Tobacco dependence is preventable. According to the Surgeon General, "Tobacco is the leading cause of preventable illness and death in the United States."

- o Nearly 16 percent of high school students smoke cigarettes. An estimated 7.3 percent of high school students use smokeless tobacco. Addiction counselors must treat tobacco addiction.

- o Addiction counselors have effective skills that can help clients to quit, even those who are in the Precontemplation stage of change. Motivational interviewing can bring change talk among clients who are ambivalent and resistant about their tobacco dependence.

- o Find trainings on the AMH Continuing Education Calendar located on the ACCBO homepage. Click on the lady standing at the chalkboard.

### Upcoming Training:

**Motivational Interviewing & Evidence-Based Tobacco Cessation Interventions Presented by the Oregon Self-Management Training Institute Sheraton Portland Airport**  
8235 NE Airport Way, Portland OR, 97220

Registration link: <http://beattygroup.cvent.com/d/jcqr0m>

<b>When:</b>	<b>May 9, 2013</b>
<b>Time:</b>	<b>8:30 am – 4:30pm</b>
<b>Check-in:</b>	<b>Hotel Main Lobby between 7:30 am – 8:30</b>
<b>Registration Fee:</b>	<b>\$85 (scholarships available; information</b>
<b>on registration website)</b>	
<b>Trainer:</b>	<b>Dana Sturtevant, MS, RD</b>
<b>Lunch:</b>	<b>On your own</b>

# ACCBO Marijuana Policy Statement

Dear Oregon Addiction Treatment Workforce and Recovery Field Stakeholders: This notice has been prepared to inform you that ACCBO will not credential addiction professionals who are ingesting or consuming marijuana for any reason, including registered cardholders issued through the Oregon Medical Marijuana Program (OMMP). This decision was rendered by the ACCBO Board of Directors and will go into effect immediately. The decision to exclude persons using marijuana from credentialing was based on a number of factors which are summarized below.

## 1. NAADAC Code of Ethics

ACCBO certification standards are aligned with the NAADAC ethical guidelines designed to guide counselor conduct and prevent harm to clients. Section IV of the ethical codes includes guidelines on Professional Responsibility emphasizing the addiction counselor's duty to recognize how their personal conduct may influence clients and others within the community. The Legal and Ethical Standards subsection obligates addiction counselors to know and uphold applicable federal laws, including the Federal Controlled Substances Act described below. Standard 10 under this section requires that addiction counselors remain: ...cognizant of ways in which their use of psychoactive chemicals in public or in private might adversely affect the opinion of the public at large, the recovery community, other members of the addiction professional community or, most particularly, vulnerable individuals seeking treatment for their own problematic use of psychoactive chemicals. The ACCBO Board of Directors considered the ethical implications of marijuana use by addiction counselors. Said behavior by treatment professionals might negatively impact client welfare and may likely be in violation of federal law. The NAADAC Code of Ethics can be found at: <http://www.naadac.org/resources/codeofethics>

## 2. Federal Controlled Substances Act

The Federal Controlled Substances Act, 21 USC § 801 et seq., prohibits the manufacture, distribution, dispensation, and possession of marijuana even when state law authorizes its use to treat medical conditions. The ACCBO Board of Directors upholds this federal standard in accordance with the ethical standards described above. As such, persons in violation of this federal regulation are ineligible for certification as substance abuse counselors through ACCBO. Federal Controlled Substances Act can be found at: <http://www.deadiversion.usdoj.gov/21cfr/21usc/index.html>

## 3. The Substance Abuse Treatment Block Grant

Oregon receives federal funds through the Substance Abuse Treatment Block Grant. The block grant requires Oregon Health Authority and its contractors who receive federal funds to be drug free workplaces and comply with the federal schedule of drugs. See page 2 of the Substance Abuse Treatment Block Grant. Similar to other professions that receive federal funds (Department of Transportation, etc.), it appears we are also compelled to comply with the federal drug schedule for staff working at agencies that receive block grant funds.

## 4. NAADAC Position on Medical Marijuana

In January 2011, the NAADAC Executive Committee approved a position statement that does not support the use of marijuana as medicine. NAADAC emphasizes that marijuana has not been studied as a potential medicine by the Food and Drug Administration (FDA) and therefore cannot be considered a safe and effective treatment without disciplined, systematic, and scientifically conducted clinical trials. Marijuana is classified by the Drug Enforcement Administration (DEA) as a Schedule I drug based on its high abuse potential with numerous health consequences of smoking. The ACCBO Board of Directors endorses NAADAC's position statement on medical marijuana, including recognition of the supremacy of federal regulatory standards for drug approval and distribution. NAADAC's position statement can be found at [http://www.naadac.org/images/medical\\_marijuana\\_2011](http://www.naadac.org/images/medical_marijuana_2011)

## 5. ASAM Public Policy Statement on Medical Marijuana

The American Society of Addiction Medicine (ASAM) released its Public Policy Statement on Medical Marijuana in April 2010 and a follow-up reiterative news release in October 2011. The public policy statements emphasize that cannabis, cannabis-based products, and cannabis delivery devices should not be distributed or provided to patients until efficacy and safety can be established through approval by the FDA. Like NAADAC, ASAM rejects smoking as a means of drug delivery since it is not safe. Like NAADAC, ASAM recognizes the supremacy of federal regulatory standards for drug approval and distribution. The ACCBO Board of Directors endorses ASAM's public policy statements against medical use of marijuana until approved by the FDA as a safe and effective pharmacologic treatment for specific health conditions. ASAM's April 2010 public policy statement can be found at:

<http://www.asam.org/docs/public-policy-statements/1medical-marijuana-4-10.pdf?sfvrsn=0>

ASAM's follow-up October 2011 news release can be found at:

[http://www.calmca.org/wpcontent/uploads/2011/11/20111027\\_MarijuanaLegalization-PR.pdf](http://www.calmca.org/wpcontent/uploads/2011/11/20111027_MarijuanaLegalization-PR.pdf)

## Summary

Use of marijuana as a safe and effective medication has not established through rigorous, scientific testing procedures through the FDA as with other pharmacological treatments. Marijuana has a high abuse potential and there are a number of serious health consequences associated with smoking this Schedule 1 substance. Federal regulations currently prohibit the manufacturing, distribution, dispensing, and possessing of marijuana. ACCBO is responsible for establishing certification standards for addiction professionals that ensure ethical conduct by professionals and promote client welfare. The ACCBO Board of Directors has therefore voted to exclude persons ingesting or consuming marijuana from addiction counselor certification, including registered cardholders issued through the Oregon Medical Marijuana Program (OMMP). If federal law changes, most notably, the federal block grant restrictions, ACCBO will review this policy.

**Alcohol Specific Continuing Education Hours TWELVE (12) Continuing Education Hours  
for Independent Book Study (NAADAC and ACCBO approved #840)**

- *Learn about an effective treatment approach based on **Behavioral Psychology**.*
- *Complete this book study course from the convenience of your own home or office.*

**Book Title and Description:** *Break the Cycle of Alcoholism: Skills for Healthy Sobriety* by Dr. Geoff Colvin, Bob Wiese, and Tina Wells. Published 2012, 330 pages.

This book describes how alcoholism is established and maintained through the application of behavioral psychology. Detailed information is presented on initial steps to obtain sobriety and follows with the crucial question "Now I am sober then what?" Detailed descriptions are presented developing critical life skills to enable recovering alcoholics attain and sustain quality, healthy, and lifelong sobriety.

**Cost: \$60 (for 12 CEHs, free book, and free postage)**

**How it Works:** Upon registration for \$60 you will receive by post a copy of the book, a quiz, stamp-addressed- return envelope. Read the book, complete the quiz, and mail back the quiz. The quiz will be graded and you will receive a certificate of completion for 12 CEHs for a score of 80% or more on the quiz.

**Further Information:** Detailed information on the procedures and how to register can be obtained online from our website: [www.behaviorassociates](http://www.behaviorassociates) and go to the link [Continuing Education Hours](#).

**For Additional Information:**

Contact Dr. Geoff Colvin, Instructor of Record, for informational flyer and registration form at:  
*Telephone:* 541 485 6450 *Fax:* 541 344 9680 *Email:* [geoffcolvin@comcast.net](mailto:geoffcolvin@comcast.net)  
*Address:* Behavior Associates, 2585 Windsor Circle E, Eugene, OR, 97405



**FETAL ALCOHOL & OTHER  
NEUROBEHAVIORAL CONDITIONS:**

Understanding & Application of  
a Brain-Based Approach

**A Three-Day Workshop for  
Parents & Professionals**

June 20-22, 2013 9am-4pm.  
Facilitator: Diane V. Malbin, MSW  
The Mark Spencer Hotel, Portland Or.

**Register early- fills quickly  
Approved for 19.5 Continuing  
Education Hours**

For information: Call FASCETS:  
503-621-1271  
Email: [wtemko@fascets.org](mailto:wtemko@fascets.org)  
Website: [www.fascets.org](http://www.fascets.org)

(See Workshop Schedule page)

**UPCOMING TRAININGS**

by:

**Janese Olalde**

*Group Counseling Skills*

Wednesday, Thursday and Friday,  
June 19, 20 and 21st. 2013  
21 CEUs \$150 (limit of 14)

*Motivational Interviewing*  
Thursday and Friday July 11 & 12th, 2013  
14 CEU's \$99.00 (limit to 14)

*Basic Counseling Skills*  
Wed, Thurs, and Friday July 31, Aug 1&2, 2013

All trainings are at: Location: 374 "Q" St.  
(across from Wayne's Garage), Springfield, OR

All trainings are: 9:00 am to 5:00 pm

**For more information, contact**

**Janese Olalde: 1-541-870-6706 or  
e-mail: [janesejaneseolalde@yahoo.com](mailto:janesejaneseolalde@yahoo.com)**



*Changing lives. . . helping you help others.*

NAADAC Approved Education Provider #545  
ACCBO Accepted

**www.wisestudy.com**

Course Listing	Hours	Price
Addressing Women's Needs in Substance Abuse Treatment	24	\$99
AOD Screening, Assessment, Treatment Planning, and Treatment for Criminal Justice Clients	24	\$99
Approaches to Drug Abuse Counseling	20	\$99
<b>NEW! *A Recovering Professional's Guide to Understanding Addiction, Treatment, and Recovery</b>	<b>8</b>	<b>\$59</b>
*Basics of Drug Identification, Use and Abuse	7	\$54
Breaking the Cycle of Drug Use Among Juvenile Offenders	11	\$59
Brief Strategic Family Therapy for Adolescent Drug Abuse	9	\$59
Case Management for Substance Abuse Treatment	13	\$69
Clinical Supervision & Professional Development for Substance Abuse Counselors	9	\$59
Cognitive-Behavioral Approach to Treating Addiction	12	\$69
Detoxification and Substance Abuse Treatment	18	\$89
Drug Abuse Prevention for At-Risk Individuals	10.5	\$59
Enhancing Motivation for Change in Substance Abuse Treatment	18	\$89
*Ethics for Addiction Professionals	18	\$99
Foundations in Chemical Use/Abuse/Dependency	7	\$54
Group Drug Counseling	10	\$59
HIV/AIDS Prevention & Risk Reduction for Drug Users	7	\$54
Implementing Change in Substance Abuse Treatment Programs	6	\$54
Individual Drug Counseling	12	\$69
<b>NEW! Managing Chronic Pain in Adults With or in Recovery From Substance Use Disorders</b>	<b>7</b>	<b>\$54</b>
*Methamphetamine: Its History, Pharmacology, and Treatment	18	\$99
*Parenting for Prevention: How to Raise a Drug Free Kid	12	\$69
*Pharmacology of Abuse and Dependence (under revision: not available until 12/12)	14	\$79
Screening, Assessment, and Treatment of Adolescents with Substance Use Disorders	20	\$99
Strategies for Families to Help an Addicted Loved One	8	\$59
Strengthening Families: Review of a Model Prevention Program	7	\$54
Substance Abuse Treatment and Child Abuse/Neglect Issues	13.5	\$69
Substance Abuse Treatment and Family Therapy	18	\$89
Substance Abuse Treatment: Group Therapy	14	\$79
Substance Abuse Treatment for Persons with Co-Occurring Disorders	28	\$114
*Understanding Diagnosis and Treatment of Substance Use Disorders	28	\$139
Understanding Substance Abuse Prevention	5.5	\$49

*\* Book not available electronically*

**For course descriptions and outlines, or to order courses, visit [www.wisestudy.com](http://www.wisestudy.com), or call 1-866-221-3191.**

Courses come with a book and accompanying worksheets. It is completed as an "open book" test. You may choose to receive the course as a hard copy or e-mailed electronically as a PDF file and Word document (\$5 discount for electronic courses). We offer fast turn-around to meet your deadline. For course descriptions and outlines, or to order, go to [www.wisestudy.com](http://www.wisestudy.com), or call toll-free 1-866-221-3191.

**Wise Communications • P.O. Box 557 • Ashland, Ohio • 44805**  
Training CD counselors and prevention professionals since 1995

## Home Study Courses with Expert Dr. Katie Evans

Home study courses are approved by: NAADAC # 405, NASW # 886558730-9415, ACCBO, ILLINOIS, NEW YORK, CALIFORNIA, IOWA, WASHINGTON, NORTH CAROLINA, many other states, all levels of Certification. Study with International Expert in Dual Diagnosis & Trauma. For more information visit: [www.drkatieevans.com](http://www.drkatieevans.com). Email Katie at [drkatieevans@yahoo.com](mailto:drkatieevans@yahoo.com) or your state board about eligibility.



- 1. **Dual Diagnosis: Counseling the Mentally Ill Substance Abuser 30 CEU's \$150**

This course includes trainer's textbook: Dual Diagnosis: Counseling the Mentally Ill Substance Abuser and true/ false posttest.

- 2. **Treating Addicted Survivors of Trauma 30 CEU's \$150**

This course includes trainer's textbook: Treating Addicted Survivors of Trauma and true/ false posttest.

- 3. **DVD 5-Stage Recovery Model Counseling Addicted Survivors 15 CEU's \$95**

This advanced course includes: DVD treatment in action, Dr. Evans using the 5-stage recovery model workbook she authored, published by Hazelton, exercises using the client workbook: Understanding Post Traumatic Stress Disorder and Addiction and true/ false posttest.

- 4. **DVD "Unfortunate Hero's: Treating Addicted Soldier Survivors" 40 CEU's \$185**

This course includes 2 DVDs (Brandon's story and Michael's story), Unfortunate Hero: A Soldiers Path From Trauma and Addiction textbook, self-help guide, answer questions (on a separate sheet of paper) in workbook as if you are the client, write a 1 to 3-page essay on what experiences you had from/while watching DVDs and true/ false posttest.



### Order All Four Courses (125 CEUs) For One Low Price of \$550!!!!

For quickest registration fax this form to 503-524-3778, or Email: [drkatieevans@yahoo.com](mailto:drkatieevans@yahoo.com) \*\* All major credit cards accepted. Use This Form to register; make checks payable to: Dr. Katie Evans, Inc. Questions? Call 503-756-6117

Mail to: Dr. Katie Evans, Inc., 19943 S.W. Jette Lane, Beaverton, OR 97006-2789

Name \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Day phone \_\_\_\_\_  
Evening phone \_\_\_\_\_ Email \_\_\_\_\_  
Visa, MC or Debit Number \_\_\_\_\_ EXP Date \_\_\_\_\_ 3 digit CVS code \_\_\_\_\_  
Name on Card \_\_\_\_\_

Please indicate if you are NASW Licensed and applying for NASW approval  Yes  No \_\_\_\_\_ License # \_\_\_\_\_

Note: If you are applying for NASW credits as well as or instead of NAADAC, you must let us know as you have special registration forms we need in your packet.

**Addiction Recovery in an Obesigenic World  
A Balanced Approach to Weight Management**

**Paul D Potter, LMSW**

(Retired from 32 years in Addictions Field now focusing on assisting others reach their health goals)

**Obesigenic (obese + -o- + -genic) promoting excessive weight gain**

**Objectives: Explore the obesigenic factors that you and your clients face on a daily basis**  
**Habit, Addiction or Genetics? Sound Familiar?**  
**Core Principles of Healthy Eating and Weight Loss**  
**Understanding Glycemic Index and Weight**  
**Inflammation: Igniting the Flame!**  
**Interventions that Work**  
**Solutions: What can I do for myself and my Clients**

Paul will be joined by Nancy L. Potter, Certified Health Coach whose personal story will inspire you and demonstrate the hope and help that is available for you and/or your clients to live a life free of obesity, diabetes, heart disease etc.



**Friday, May 3, 2013 8:30-12:30 PM (Registration at 8:00 AM)**  
**Cost is \$20 Pay at the Door 4 Hrs ACCBO Approved Training**  
**Clackamas Conference Center**  
**15815 SE 82nd Drive**  
**Clackamas Oregon 97015**

For more information Call Paul at 503-449-2156

## **The medical care costs of obesity in 2008 totaled about \$147 Billion!**

America is in the grips of a obesity epidemic with close to two-thirds of the population being overweight or obese. The consequences are staggering. Research has shown the direct correlation between overweight or obesity and the following conditions:

- Coronary heart disease
- Type 2 diabetes
- Cancers (endometrial, breast, and colon)
- Hypertension
- High cholesterol/triglycerides levels
- Stroke
- Liver and Gallbladder disease
- Sleep apnea and respiratory problems
- Osteoarthritis
- Gynecological problems

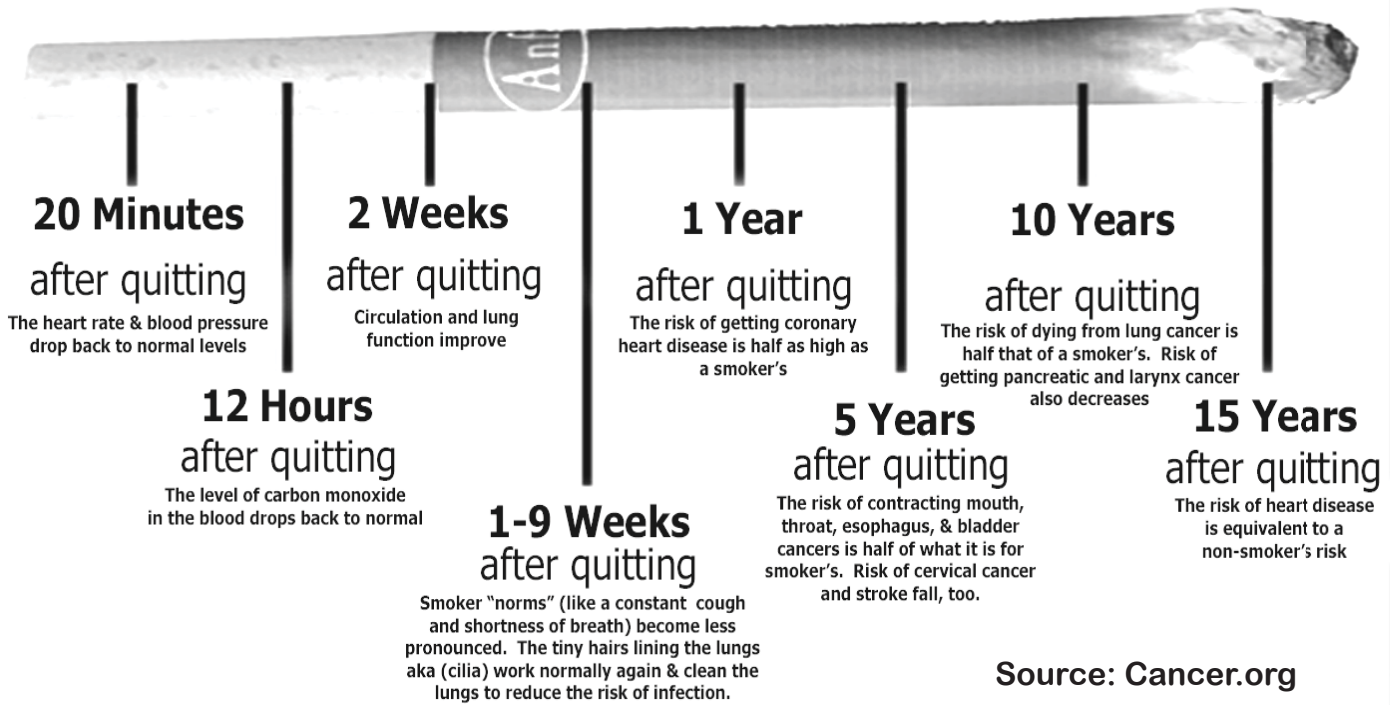
Scientists have finally managed to demonstrate a strict correlation between obesity and food addiction. Many of foods that we are drawn too, are high density, high sugar, high fat which stimulate the brain reward center just like heroin. I believe Addictions Counselors are uniquely positioned on the front lines in this epidemic and with additional information and training have the opportunity to make a significant contribution in saving lives and reducing costs. As a trauma informed system of care we can be equipped to identify and respond to individuals with co-occurring substance use disorder and obesity. The system of care that has been developed for addiction has much to offer for prevention and treatment of obesity. The potential for cross-fertilization is clear and the health of America may very well hang in the balance.

---

Volkow, Nora D & Wise, Roy A. How can drug addiction help us understand obesity? Nature Publishing Group, 26 April 2005  
Williamson DF et al. Body weight and obesity in adults and self-reported abuse in childhood. International Journal of Obesity Related Metabolic Disorders, 26 August 2002.  
Andersen, Wayne Scott. Habits of Health. Habits of Health Press, 2008

# WHAT HAPPENS WHEN A SMOKER QUILTS

## A 15 YEAR TIMELINE



# ACCBO 2013 Calendar

April	May	June
<p>Apr 5: ACCBO Board Meeting canceled!</p> <p>Apr 5: CADC Application Deadline for June Exams</p> <p>Apr 13-27: CGAC Exams</p> <p>Apr 15: Quarterly Newsletter Release</p>	<p>May 4: NAADAC Case Presentation Exams</p>	<p>Jun 1-8: CADC Exams</p> <p>Jun 7: ACCBO Board &amp; Ethics Committee Meetings</p> <p>Jun 7: CGAC Application Deadline for August Exams</p> <p>Jun 15: Newsletter Submission deadline for the July Newsletter</p>
July	August	September
<p>July 5: CADC Application Deadline for September Exams</p> <p>July 15: Quarterly Newsletter Release</p>	<p>Aug 2: ACCBO Board &amp; Ethics Committee Meetings</p> <p>Aug 2: CPS Application Deadline for Sept</p> <p>Aug 10-24: CGAC Exams</p>	<p>Sep 7-14: CADC Exams</p> <p>Sep 14: CPS Exam Date</p> <p>Sep 15: Newsletter Submission deadline for the October Newsletter</p>
October	November	December
<p>Oct 4: ACCBO Board &amp; Ethics Committee Meetings</p> <p>Oct 4: CADC Application Deadline for December Exams</p> <p>Oct 4: CGAC Application Deadline for December Exams</p> <p>Oct 15: Quarterly Newsletter Release</p>	<p>Nov 2: NAADAC Case Presentation Exams</p>	<p>Dec 6: ACCBO Board &amp; Ethics Committee Meetings</p> <p>Dec 7-14: CADC Exams</p> <p>Dec 15: Newsletter Submission deadline for the January 2014 Newsletter</p> <p>Dec 7-21: CGAC Exams</p>

# Ancient Wisdom to Current Practice

Nigel Wrangham, CADC II, CPS and Jackie Sandquist, MA

## The Addict's Quest

This dynamic and interactive workshop helps us understand addiction, relapse and recovery as an archetypal hero's journey. Learn how to identify and address common patterns in relapse and early recovery, and how to apply specific tools and resources to help clients.

**Monday, May 20, 2013 9 a.m.- 4 p.m. \$80.00**

**Monday, Sept. 23, 2013 9 a.m. - 4p.m. \$80.00**

## Relationships & Recovery

Recovery is relationship, and our relationships affect the quality of our lives. In this workshop, you'll explore ways to combine current, up-to-date practices with ancient wisdom in order to develop healthy, nurturing patterns of communication and connection.

**Monday, June 3, 2013 9 a.m. - 4 p.m. \$80.00**

**Monday, Nov. 5th, 2013 9 a.m. - 4 p.m. \$80.00**

*"They went beyond the traditional approach of talking about recovery, broadened my view of addiction and will make me a better counselor.*  
- Participant, Relationships & Recovery, November 2012

**All workshops approved for 6 hours ACCBO/NAADAC continuing education credit**

**All workshops held at Tabor Space, 5441 SE Belmont Street, Portland, OR 97215 (free parking available)**

**Register by visiting [www.nigelstrategies.com/upcoming-workshops/](http://www.nigelstrategies.com/upcoming-workshops/) or call 503-887-3078**

## ADDICTIONS TRAINING SPRING 2013 Portland State University

Join us for workshops in these exciting programs at PSU. Follow the link below each program title for more information, including price and registration instructions, or contact Kathy Lovrien at [lovrienk@pdx.edu](mailto:lovrienk@pdx.edu) or 503-725-8165.

### Trauma-Informed Services

[pdx.edu/ceed/trauma](http://pdx.edu/ceed/trauma)

Workshops may be taken individually or added together for the 12 days required to complete the certificate program.

Apr 12-13 Trauma-Informed Services Across the Lifespan  
with Dawn Williamson

Jun 21-22 Applied Suicide Intervention Skills Training (ASIST)  
with Kathy Wilson-Fey

### Addictions Counseling

[pdx.edu/ceed/addictions-counseling](http://pdx.edu/ceed/addictions-counseling)

May 31-Jun 1 Addiction Pharmacology  
With Terry Forrest

### REGISTER NOW!

Visit link under program title, or  
call 503-725-9968

### Graduate Certificate in Addictions Counseling

[pdx.edu/ceed/addictions-counseling](http://pdx.edu/ceed/addictions-counseling)

Apply now for a fall start

This graduate certificate is a series of six courses providing a broad overview of addictions counseling, concepts of treatment, and clinical skills. The program is intended for human services treatment professionals in the community and graduate students in related fields. The program enables students to acquire training and education in science-based practices and to provide the knowledge essential to working with addicted populations.

### Certificate in Trauma-Informed Services

[pdx.edu/ceed/trauma](http://pdx.edu/ceed/trauma)

This certificate is designed to increase skills in providing services to clients and organizations affected by trauma, as well as increase awareness of necessary core competencies in the administration of a trauma-informed organization.

### Program Information

Kathy Lovrien  
503-725-8165  
[lovrienk@pdx.edu](mailto:lovrienk@pdx.edu)