

Eligibility and Background Information

I. IN WHICH OF THE FOLLOWING ARE YOU LICENSED OR HOLD CERTIFICATION OR REGISTRATION?
(Darken all that apply.)

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> Social work | <input type="checkbox"/> Nursing |
| <input type="checkbox"/> Psychology | <input type="checkbox"/> Employee assistance programming |
| <input type="checkbox"/> Counseling | <input type="checkbox"/> Marriage and family therapy |
| <input type="checkbox"/> Medicine | <input type="checkbox"/> Other |

J. HAVE YOU TAKEN THIS EXAMINATION BEFORE?

No Yes

If yes, indicate month, year, and name under which the examination was taken.

Date (month/year): _____

Name: _____

K. ARE YOU A MEMBER OF THE NATIONAL COUNCIL ON PROBLEM GAMBLING (NCPG)?

No Yes *NOTE: Membership is not required.*

L. ARE YOU A MEMBER OF NAADAC?

No Yes *NOTE: Membership is not required.*

OPTIONAL INFORMATION

Note: Information related to race, age, and gender is optional and is requested only to assist in complying with general guidelines pertaining to equal opportunity. Such data will be used only in statistical summaries and in no way will affect your certification.

Race:

- African American
- Asian
- Hispanic
- Native American
- White
- Other

Age Range:

- Under 25
- 25 to 29
- 30 to 39
- 40 to 49
- 50 to 59
- 60+

Gender:

- Male
- Female

Release Authorization

Must be completed by all candidates authorizing release of test results to a state/commonwealth.

State/Commonwealth

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Please print the two letter state/commonwealth abbreviation in the boxes provided. For Bureau of Prisons print "BP".

I hereby authorize the International Gambling Counselor Certification Board (IGCCB) to release the results of my certification examination to the state/commonwealth indicated. I understand that these test results will be used only for state/commonwealth certification at this time.

CANDIDATE SIGNATURE: _____

DATE: _____

Candidate Signature

I have read the Handbook for Candidates and understand I am responsible for knowing its contents. I certify that the information given in this Application is accurate, correct, and complete.

CANDIDATE SIGNATURE: _____

DATE: _____

FOR OFFICE USE ONLY

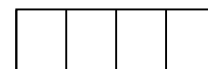
Date

Fee: _____

CC Check

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27130



INTERNATIONAL
CERTIFICATION
EXAMINATION
FOR
GAMBLING
COUNSELORS

Handbook for Candidates



International Gambling Counselor
Certification Board

CERTIFICATION

The International Gambling Counselor Certification Board (IGCCB) (formerly known as the National Gambling Counselor Certification Board (NGCCB)) supports the concept of voluntary certification by examination of gambling counselors. Certification is one part of a process called credentialing. Certification focuses specifically on the individual and is an indication of one's current level of knowledge in gambling counseling.

PURPOSES OF CERTIFICATION

TO PROMOTE COMPETENCY IN GAMBLING COUNSELING BY:

1. Promoting high standards of training, competence, skills, and knowledge.
2. Providing a national and international standard for requisite knowledge in gambling counseling.
3. Recognizing formally those individuals who meet the standards of eligibility established by the IGCCB.
4. Encouraging continued professional growth in gambling counseling for the purpose of improving the quality of care to addicted persons and their families.
5. Establishing, measuring, and monitoring the level of knowledge required for certification in gambling counseling.



International Gambling Counselor
Certification Board

ADMINISTRATION

The Certification Program is sponsored by the International Gambling Counselor Certification Board. The International Certification Examination for Gambling Counselors is administered for the IGCCB by the Professional Testing Corporation (PTC), 1350 Broadway - 17th Floor, New York, New York 10018, (212) 356-0660, www.ptcny.com. Questions concerning the examination should be referred to PTC.

EXAMINATION ADMINISTRATION

The International Certification Examination for Gambling Counselors is administered during an established two-week testing period on a daily basis, Monday through Saturday, excluding holidays, at computer-based testing facilities managed by LaserGrade Computer Testing, Inc. LaserGrade has several hundred testing sites in the United States, as well as Canada. Scheduling is done on a first-come, first-serve basis. To find a testing center near you visit: www.lasergrade.com or call LaserGrade at (800) 211-2754. Please note: Hours and days of availability vary at different centers. **You will not be able to schedule your examination appointment until you have received an Eligibility Notice from PTC.**



1350 BROADWAY • 17th FLOOR
NEW YORK, NY 10018
(212) 356-0660
WWW.PTCNY.COM

SCHEDULING YOUR EXAMINATION APPOINTMENT

Once your Application has been received and processed, and your eligibility verified, you will be sent a postcard confirming receipt. Within 2 weeks prior to the first day of the testing window, you will be mailed an Eligibility Notice. The Eligibility Notice plus photo identification must be presented in order to gain admission to the testing center. A candidate not receiving an Eligibility Notice or other correspondence at least three weeks before the beginning of the two-week testing period should contact the Professional Testing Corporation by telephone at (212) 356-0660 with their fax number.

The Eligibility Notice will indicate where to call to schedule your examination appointment as well as the dates in which testing is available. Appointment times are first-come, first-serve, so schedule your appointment as soon as you receive your Eligibility Notice in order to maximize your chance of testing at your preferred location and on your preferred date.

It is highly recommended that each candidate becomes familiar with the testing site.

SPECIAL NEEDS

Special testing arrangements may be made for special needs individuals submitting the Application, examination fee, and a letter describing the nature of the disability and the special accommodations needed for testing. Requests for special testing needs individuals must be received at least EIGHT weeks before the testing period begins.

CHANGING YOUR EXAMINATION APPOINTMENT

If you need to cancel your examination appointment or reschedule to a different date within the two-week testing period you must contact LaserGrade at (800) 211-2754 no later than noon, Eastern Standard Time, of the second business day PRIOR to your scheduled appointment.

If you fail to arrive for your appointment or cancel without giving the required notice, you will forfeit your testing fee.

RULES FOR THE EXAMINATION

1. No signaling devices, including pagers, cellular phones, and alarms, may be operative during the examination.
2. No books or reference materials may be taken into the examination room.
3. Simple, nonprogrammable calculators are permitted with the exception of calculators as part of cellular phones, blackberries, etc. A calculator is also available on screen if needed.
4. No questions concerning content of the examination may be asked during the testing period. The candidate should read carefully the directions that are provided on screen at the beginning of the examination session.

REFUNDS

There will be no refund of fees. Fees will not be transferred from one testing period to another.

REPORT OF RESULTS

Candidates will be notified within six weeks whether they have passed or failed the examination. Scores on the major areas of the examination and on the total examination will be reported.

REEXAMINATION

The International Certification Examination for Gambling Counselors may be taken as often as desired upon filing of a new Application and fee. There is no limit to the number of times the examination may be repeated.

CONFIDENTIALITY

1. The IGCCB will release the individual test scores ONLY to the individual candidate.
2. Any questions concerning test results should be referred to IGCCB or the Professional Testing Corporation.

CONTENT OF EXAMINATION

1. The International Certification Examination for Gambling Counselors is a computer-based examination composed of a maximum of 200 multiple-choice, objective questions with a total testing time of four (4) hours.
2. The content for the examination is described in the Content Outline starting on page 8.
3. The questions for the examination are obtained from individuals with expertise in gambling counseling and are reviewed for construction, accuracy, and appropriateness by the IGCCB.
4. The IGCCB, with the advice and assistance of the Professional Testing Corporation, prepares the examination.
5. The International Certification Examination for Gambling Counselors will be weighted in approximately the following manner:
 - I. Basic Knowledge of Problem and Pathological Gambling.....20%
 - II. Gambling Counseling Practice40%
 - III. Special Issues in Gambling Treatment30%
 - IV. Professional Issues10%

CONTENT OUTLINE

I. BASIC KNOWLEDGE OF PROBLEM AND PATHOLOGICAL GAMBLING

- A. Scope of Legalized Gambling
 - 1. Prevalence of Gambling Problems
 - a. Among Adults
 - b. Among Youth
 - c. Among Treatment Populations
 - 2. Definition of Pathological Gambling
 - 3. Operationalized Definition of Problem Gambling
 - 4. The Pathological Gambling Disorder
 - a. Terminology
 - b. Progression of the Disorder
 - c. Withdrawal Symptoms from Gambling
- B. Client Evaluations
 - 1. Screening
 - 2. Intake
 - 3. Assessment
 - 4. Diagnostic Criteria

II. GAMBLING COUNSELING PRACTICE

- A. Examination of Attitudes/Feelings
 - 1. Real Meaning of Money
 - 2. Deception and Self-Deception
 - 3. Fantasy and Dissociation
 - 4. Spirituality
 - 5. Transference and Countertransference
- B. Considerations of Alternative Solutions
- C. Skills
 - 1. Individual Counseling
 - 2. Group Counseling
 - 3. Family/Significant Others
 - 4. Interventions
 - 5. Treatment Planning
 - 6. Financial Management Issues
 - a. Restitution
 - b. Budget Preparation
 - c. Pressure Relief Group
 - 7. Legal Issues
- D. Relationship to Substance Abuse
- E. Client Care
 - 1. Case Management
 - 2. Crisis Management
 - a. Identification
 - b. Resolution
 - 3. Referral Resources
 - 4. Reports and Record Keeping
 - 5. Consultation
- F. Education
 - 1. Orientation
 - 2. Gambling Information
 - 3. Co-Occurring Disorders
 - a. Mental
 - b. Emotional
 - c. Psychological
 - d. Recreation/Leisure
 - 4. Self-Help Programs
 - a. Gamblers Anonymous
 - b. Gam-Anon
 - c. Other 12-Step Resources for Gambling Clients
 - 5. Research
 - a. Neurobiology
 - b. Treatment
- G. Continuing Care

III. SPECIAL ISSUES IN GAMBLING TREATMENT

- A. Adolescence
- B. Older Adults
- C. Female Gamblers
- D. Cultural Minorities
- E. Relapse and Relapse Prevention
- F. Suicide
- G. Dual/Multiple Diagnosis
- H. Survivors Issues
- I. Chronic Illness
- J. Criminal Justice

IV. PROFESSIONAL ISSUES

- A. Law and Regulation
 - 1. Client Rights
 - a. Confidentiality
 - b. Informed Consent
 - c. Reporting
 - 1. Child/Other Abuse
 - 2. Duty to Warn
 - 2. Discrimination
 - 3. Continuous Quality Improvement
 - 4. Managed Care
 - a. Utilization Review
 - b. Outcome Studies
- B. Ethics
 - 1. Non-Discrimination
 - 2. Counselor Responsibility
 - 3. Competence
 - 4. Legal Standards
 - 5. Media Statements
 - 6. Publication Credit
 - 7. Client Welfare
 - 8. Confidentiality
 - 9. Client Responsibility
 - 10. Interprofessional Relationships
 - 11. Remuneration
 - 12. Societal Advocacy
- C. Supervision
 - 1. Administrative
 - 2. Clinical
 - 3. Gambling Specific Consultation

SAMPLE EXAMINATION QUESTIONS

In the following questions, choose the one best answer.

1. If, during a session, a client speaks about suicide, which of the following is the most appropriate initial step?
 1. Telephone the client's next-of-kin
 2. Seek a consultation with a professional colleague
 3. Make a decision about the seriousness of the situation
 4. End the session and accompany the client to the nearest hospital

2. Pathological gambling should be listed on what DSM-IV Axis?
 1. I
 2. II
 3. III
 4. IV

3. Which of the following is a common characteristic of a gambler who plays skill games?
 1. Is competitive
 2. Uses gambling as an escape
 3. Has relationship problems
 4. Experiences a later onset of gambling behavior

4. The most recent federally funded national study of problems and pathological gambling was completed in
 1. 1976.
 2. 1980.
 3. 1987.
 4. 1999.

5. Which of the following substances are pathological gamblers most likely to abuse?
 1. Alcohol
 2. Cocaine
 3. Marijuana
 4. Amphetamine

6. Which of the following screening tools is used to assess for pathological gambling?
 1. ASI
 2. NED
 3. DIGS
 4. NORC

CORRECT ANSWERS TO SAMPLE QUESTIONS

1. 3 2. 1 3. 1 4. 4 5. 1 6. 3

REFERENCES

The International Gambling Counselor Certification Board has prepared a suggested reference list to assist in preparing for the International Certification Examination for Gambling Counselors. These references contain journals and textbooks which include information of significance to gambling counseling practice. Inclusion of certain journals and textbooks on this list does not constitute an endorsement by the IGCCB of specific professional literature which, if used, would guarantee candidates' successful passing of the certification examination.

American Psychiatric Association. *DSM IV: Diagnostic and Statistical Manual of Mental Disorders*, Fourth Edition. Washington, DC: American Psychiatric Association (1994).

Berman, L. and Siegel, M. *Behind the Eight-Ball: A Guide for Families of Gamblers*. New York, NY: Simon & Schuster (1992).

Ciarrocchi, J. *Counseling Problem Gamblers: A Self Regulation Manual for Individual and Family Therapy*. San Diego, CA: Academic Press (2002).

Custer, R. and Milt, H. *When Luck Runs Out*. New York, NY: Facts on File (1985).

Grant, J. and Potenza, M. *Pathological Gambling. A Clinical Guide to Treatment*. Washington, DC: American Psychiatric Publishing, Inc. (2004).

Heineman, M. *Losing Your Shirt: Recovery for Compulsive Gamblers and Their Families*. Center City, MN: Hazelden (1992).

Heineman, M. *When Someone You Love Gambles*. Center City, MN: Hazelden (1993).

Lesieur, H. *Understanding Compulsive Gambling*. Center City, MN: Hazelden (1993).

Miller W. and Rollnick, S. *Motivational Interviewing, Second Edition*. New York, NY: Guilford Press (2002).

National Council on Problem Gambling and National Endowment for Financial Education. *Financial Issues for Loved Ones of Problem Gamblers*. Denver, CO: National Endowment for Financial Education (2000).

National Gambling Impact Study Commission. *Final Report*. Washington, DC: National Gambling Impact Study Commission (1997).

National Research Council. *Pathological Gambling: A Critical Review*. Washington, DC: National Academy Press (1999).

Petry, N. *Pathological Gambling: Etiology, Comorbidity, and Treatment*. Washington, DC: American Psychological Association (2005).

Prochaska, J., Norcross, J., DiClemente, D. *Changing for Good*. Avon Books (1994).